

Healthy Holidays

Ingredients

1 packet IP Broccoli
and Cheese Soup Mix

1/4 cup egg white

1 tsp. baking powder

1/4 cup water

Broccoli and Cheese Focaccia

Directions

1) Preheat oven to 350 degrees. Add the ingredients together in a bowl and mix well until batter forms.

2) Line a baking sheet with parchment paper and spread the mixture on the sheet.

3) Place in 350 degree oven for approx. 10 minutes.

4) Remove from the oven and remove focaccia from baking sheet.

5) Add 2 cups of your favorite phase 1 vegetables for a great warm lunch.

